

August 2022



Goals for This Month:

Financial Goals

Personal Goals

Important Dates this Month

Birthdays this Month

August 2022



Budget For This Month

INCOME			
DATE	SOURCE	CATEGORY	AMOUNT

BILLS & FIXED EXPENSES		
DATE	SOURCE	AMOUNT

VARIABLE EXPENSES		
DATE	SOURCE	AMOUNT

SUMMARY	
SOURCE	AMOUNT
INCOME	
BILLS & FIXED EXPENSES	
VARIABLE EXPENSES	
BALANCE	

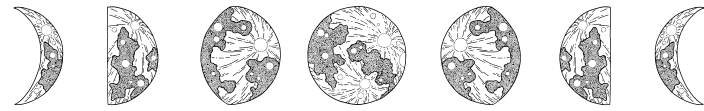
August 2022



Meals Ideas for The Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

August 2022



Grocery List

PRODUCE	MEAT FISH	FROZEN FOODS
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CANNED GOODS	HOUSEHOLD	BEVERAGES
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OTHERS

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