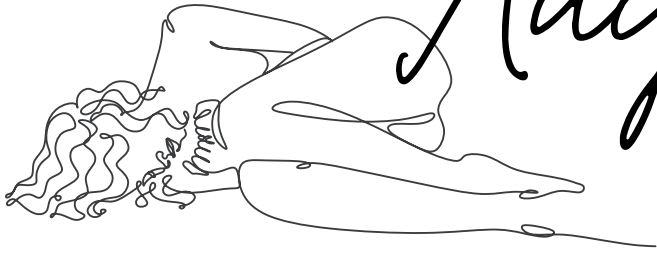


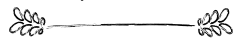
# August 2022



MON TUE WED THU FRI SAT SUN

01	02	03	04	05	06	07
<i>Canada Day</i>						
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	01	02	03	04
05	06	07	08	09	10	11

*Reminders for this Month:*



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*Notes*



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# Week of August 1st to August 7th

<p>Monday 1st</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>Tuesday 2nd</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Wednesday 3rd</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>Thursday 4th</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Friday 5th</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>Saturday 6th</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Sunday 7th</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>Reminders for this Week</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

# August 8 2022

'The world is indeed full of peril, and in it there are many dark places; but still there is much that is fair, and though in all lands love is now mingled with grief, it grows perhaps the greater.'

-J. R. R. Tolkien, The Fellowship of The Ring



Has To Get Done Today

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_

Appointment & Meetings

Morning \_\_\_\_\_

Afternoon \_\_\_\_\_

Evening \_\_\_\_\_

Can Be Done Today or Tomorrow

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_

Things to Remember

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I am grateful for \_\_\_\_\_

Something that went well today was \_\_\_\_\_

I am proud of myself because \_\_\_\_\_



# August 2nd 2022

*'You cannot swim for new horizons until you have courage to lose sight of the shore.'*

*-William Faulkner*

*Has To Get Done Today*

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- 2 \_\_\_\_\_
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- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_

*Appointment & Meetings*

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*Morning*

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*Afternoon*

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*Evening*

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*Can Be Done Today or Tomorrow*

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- 2 \_\_\_\_\_
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*Things to Remember*

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*I am grateful for*

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*Something that went well today was*

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*I am proud of myself because*

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# August 3rd 2022

*'Life's under no obligation to give us  
what we expect.'*

- Margaret Mitchell

*Has To Get Done Today*

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- 6 \_\_\_\_\_
- 7 \_\_\_\_\_

*Appointment & Meetings*

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*Morning*

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*Afternoon*

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*Evening*

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*Can Be Done Today or Tomorrow*

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- 2 \_\_\_\_\_
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- 7 \_\_\_\_\_

*Things to Remember*

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*I am grateful for*

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*Something that went well today was*

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*I am proud of myself because*

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# August 4th 2022

'But I know, somehow, that only when it is dark enough can you see the stars.'

-Martin Luther King, Jr.

*Has To Get Done Today*

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- 3 \_\_\_\_\_
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*Appointment & Meetings*

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*Morning*

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*Afternoon*

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*Evening*

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*Can Be Done Today or Tomorrow*

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*Things to Remember*

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*I am grateful for*

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*Something that went well today was*

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*I am proud of myself because*

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# August 5th 2022

The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy.

-Kalu Ndukwe Kalu

Has To Get Done Today

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- 5 \_\_\_\_\_
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- 7 \_\_\_\_\_

Appointment & Meetings

Morning

Afternoon

Evening

Can Be Done Today or Tomorrow

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
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- 7 \_\_\_\_\_

Things to Remember

I am grateful for \_\_\_\_\_

Something that went well today was \_\_\_\_\_

I am proud of myself because \_\_\_\_\_



# August 6th 2022

*'You can cut all the flowers but you cannot keep  
Spring from coming.'  
-Pablo Neruda*

*Has To Get Done Today*

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*Appointment & Meetings*

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*Morning*

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*Afternoon*

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*Evening*

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*Can Be Done Today or Tomorrow*

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*Things to Remember*

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*I am grateful for*

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*Something that went well today was*

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*I am proud of myself because*

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# August 7th 2022

*It's amazing how a little tomorrow can make up*

*-John Cjvare, Landscape of the Body*

*Has To Get Done Today*

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*Appointment & Meetings*

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*Morning*

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*Afternoon*

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*Evening*

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*Can Be Done Today or Tomorrow*

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*Things to Remember*

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*I am grateful for*

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*Something that went well today was*

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*I am proud of myself because*

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